



Lake Erie Nature &  
Science Center

# Understanding the Preschooler's Perspective

With tips and techniques for parents



Dr. Meghan Barlow

Meghan Barlow is a pediatric psychologist with a private practice in Rocky River. She specializes in the assessment and treatment of children with Autism Spectrum Conditions, Anxiety Disorders, Attention Deficit Disorders, Depression, behavioral concerns, developmental issues and chronic medical problems.

## Eating, Sleeping and Going Potty

**Why won't they do these things how I want, when I want and where I want?**

**Thursday, February 7, 2019  
7:00 – 8:30 p.m.**

Join us for a free presentation and discussion with  
Dr. Meghan Barlow at Lake Erie Nature & Science Center.

- **Understand the challenges that can arise around eating, sleeping and potty training**
- **Explore strategies for handling challenges and avoiding conflict**
- **Discover helpful resources**
- **Learn how to use this information to encourage your child to thrive**

Please reserve your place by visiting [www.lensc.org](http://www.lensc.org) or calling 440-871-2900.



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